

**Developing impactful health research and practice collaborations  
across the region, with a focus on North Cumbria**

**Thursday 11 July 2024, 10.30 – 15.45**

[Learning Gateway, University of Cumbria, Fusehill Street, Carlisle, CA1 2HH](#)

**PROGRAMME**

This event will bring together researchers and practitioners from across Cumbria to explore and discuss public health collaborations in the region. It will showcase impactful health research and practice collaborations in the North East and North Cumbria, particularly drawing on examples of work in Cumbria.

The event will also offer an opportunity to discuss ways in which we can grow collaborations around shared research and training, and regional priorities, in Cumbria.

As part of our afternoon session, we'll be hosting breakout discussions around five themes. There is more information at the end of this agenda. Please consider which session you'd like to join, ahead of the event.

<b>10.30 - 11.00</b>	<b>Registration and refreshments</b>
<b>11.00 - 11.05</b>	<b>Welcome</b>
<b>11.05 - 11.25</b>	<b>Introduction to University of Cumbria</b> Professor Joy Duxbury, Director, Institute of Health
<b>11.25 - 11.30</b>	<b>Questions</b>
<b>11.30 - 12.00</b>	<b>Introduction to Fuse</b> Professor Sheena Ramsay, Fuse Director  Featuring: 10-creative Footsteps Unmasking Pain Project - Balbir Singh Dance company with Professor Paul Chazot and team, including collaborators at University of Cumbria
<b>12.00 - 12.05</b>	<b>Questions</b>
<b>12.05 - 12.25</b>	<b>Introduction to ARC NENC</b> Professor Eileen Kaner, ARC NENC Director
<b>12.25 - 12.30</b>	<b>Questions</b>
<b>12.30 - 13.20</b>	<b>Lunch and networking</b>
<b>13.20 - 13.40</b>	<b>Introduction to the Cumberland Health Determinants Research Collaboration (HDRC)</b>  Rebecca Clarke, HDRC Research Officer and Daniel Gibbons, HDRC Research Officer

<b>13.40 - 13.45</b>	<b>Questions</b>
<b>14.00 - 14.25</b>	<b>Introduction to North East and North Cumbria VCSE Research Partnerships support</b>  Greta Brunskill, Voluntary Organisations' Network North East (VONNE)
<b>14.25 - 14.30</b>	<b>Questions</b>
<b>14.30 - 14.45</b>	<b>Comfort break</b>
<b>14.45 - 15.15</b>	<b>Breakout sessions/discussions</b>  Themed discussions about the ways in which we can grow collaborations around shared research and training and regional priorities in Cumbria.
<b>15.15 - 15.30</b>	<b>Feedback from breakout session, reflections, and next steps</b>
<b>15.30 - 15.45</b>	<b>Close</b>

### More information about the breakout sessions (14.45 - 15.15)

These sessions aim to offer an opportunity for discussions around the ways in which we can grow collaborations around shared research and training, linked to regional priorities in Cumbria.

There will be five sessions running in parallel, hosted by a facilitator, on the following themes:

1. Children and families
2. Education, skills, and employment
3. Mental health
4. Obesity and food insecurity
5. Social infrastructure, connectivity, and access

Each session will discuss the following questions:

1. Where are the current gaps in research/evaluation from your perspective, for this priority?
2. Which communities/groups or localities are under-represented in research?
3. What are the barriers or enablers to creating and supporting research partnerships across Cumbria?
4. What support might you need to address any barriers?
5. How can you help to support research in Cumbria? (e.g. connections/ funding, etc.)

The event is jointly hosted by the University of Cumbria; Fuse, the Centre for Translational Research in Public Health; the NIHR Applied Research Collaboration (ARC) North East and North Cumbria; the Health Determinants Research Collaboration (HDRC) for Cumberland, and VONNE (Voluntary Organisations' Network North East).